



OHIO PREP BASKETBALL ACADEMY SKILLS CAMP

SUMMER 2013 - August 7 - 9

**Camp runs from 9 a.m. - 12 p.m. Wednesday - Friday.
For boys and girls in grades 4 - 9. Cost is \$100 a person.**

**Camp will be held in Walsh University's state of the art facility.
Each campers will receive individual skill instruction and
receive and individualized workout plan.**

Ohio Prep Basketball Academy was founded in 2002 with the mission to teach basketball skills, and support and encourage young athletes to appreciate the greatness of the game and the life skills it can teach.

The Jeff Young File

- National Championship 2005
- National Coach of the Year 2005
- "Elite 8" Appearance 2006
- Conference Coach of the Year 2005, 2008
- Conference Champions 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012
- National Runner-Up 2010
- Featured Speaker at NIKE National Coaches Clinic
- Founder/Director of the Ohio Prep Basketball Academy

A LETTER FROM JEFF YOUNG

Player development has been the foundation of our basketball program at Walsh University the past 9 years. I have always been an advocate of player development of fundamentals, both as a player and a coach. I believe that each one of our workouts, we strengthen our player's fundamentals in many areas. Today's camps, with the help of AAU Basketball, have turned into playing camps only. Today's fast paced game requires players to make quick decisions. Basketball has become a game of reaction and players making plays. Fundamentals and player development have become that much more important for the success of the player and the team. Our workouts and skills camp will be based around 5 essential skills: ball handling, shooting, footwork, passing, and offensive moves.



Above: Head Coach Jeff Young

In most of our stationary **ball handling** drills we use two balls, to improve hand eye coordination, and we also use one ball for various drills. This is something we do everyday in our practices. **Shooting** is a major emphasis in our daily practice, and this camp will help refine the campers technique through instruction and repetition. **Footwork** is major detail in many aspects of basketball. Campers will be taught shooting footwork and how to utilize jab steps and pivoting as an offensive player. Scoring the ball is of high importance, but valuing each possession makes the difference games. **Passing** skills include fundamental techniques and ball fakes in order to deliver a good pass. Campers will be taught how to fundamentally share the ball with their teammates. Lastly successful basketball scorers are able to make one on one **offensive moves**. Campers will be taught a variety of offensive moves that will improve their offensive skill set.

Through this camp it is my desire to teach young players the fundamental skills so their overall game and knowledge can improve.



"I have known Jeff for a long time and he has developed a reputation as one of the best teachers of basketball fundamentals."

Keith Dambrot
Head Coach - Akron University

APPLICATION

Name: _____ Age: _____ Grade (Fall '13): _____
 Street Address: _____
 City: _____ State: _____ Zip: _____
 Home Phone: (____) - ____ - ____ Emergency Phone: (____) - ____ - ____
 Health Insurance Plan: _____ Health Insurance Plan Number: _____

*Medical Health Insurance is required of ALL participants. In most instances, family health insurance is adequate. Camp insurance will also be provided.

Enclosed is a \$50 deposit (non-refundable)
Balance to be paid on first day of camp— August 7 2013

Enclosed is payment in full
Make checks payable to Jeff Young

SIGNATURE OF PARENT/GUARDIAN: _____ DATE: _____

*mail checks and application to: Jeff Young, Walsh University 2020 E. Maple St., North Canton, Ohio 44720