



Jackson Local School District COVID-19 Operations Guide

2020-2021 Jackson Youth Basketball Association Jackson High School Youth Program

Compliance Officer: Jackson Youth Basketball Association (JYBA) Board

The safety, wellness, and health of our student-athletes, coaches, community, and other school communities is our primary focus as the Jackson Local School District resumes Jackson Youth Basketball for boys grades Kindergarten through sixth grade. This includes the in-house and travel boys programs. The purpose of this operations guide is to conduct boys youth basketball competition in compliance with the Ohio High School Athletic Association and Ohio Department of Health guidelines. This guide was compiled in collaboration with the Stark County Health Department. By competing in youth sports, athletes, parents, caregivers, and guardians recognize there is an inherent risk of injury and/or illness during high school competition. The Jackson Local School District is putting these best-practice standards in place to mitigate the risk of COVID-19 spread at all Jackson locations/facilities.

Parents will:

- Monitor daily the health of their sons/daughters and report any symptoms of illness to their coach and/or school. Parents may use the CDC self-checker, [found here](#). Signs of illness include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea, or vomiting, and diarrhea. This list does not include all possible symptoms;
- Agree to adhere to CDC and Ohio Department of Health guidelines to help avoid the spread of COVID-19, which includes practicing social distancing, good personal hygiene, avoiding large-group settings while at any gymnasium or event associated with JYBA;
- Conduct daily self-assessments of their health and stay home if they are experiencing any signs of illness;
- Utilize hand sanitizing stations as needed (i.e. upon entry) and observe all social distance and health protocol signage on the ground/doors/throughout the facility;

- Drop off their child right before their scheduled game or practice so as to not have their child in the building when it is not necessary;
- Observe social distancing and follow sign markings at the venue when in line for restroom, and only have one per restroom at a time;
- Parents and players will enter through doors marked for entry only at Door 21W and exit from doors marked exit only. DO NOT USE DOOR 16W

Youth athletes will:

- Take a daily self-assessment of their health and report any symptoms of illness to their coach or parent. Youth athletes may use the CDC self-checker, [found here](#). Signs of illness include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea, or vomiting, and diarrhea. This list does not include all possible symptoms;
- Stay home if feeling ill and inform coach/leader/JYBA Board member/parent of symptoms;
- Wear a facial covering before, after, and during practice, and when not on the court of play;
- Youth athletes who are at enhanced risk of COVID-19 complications (those with asthma, diabetes, or other health problems) will take extra precautions to self-assess;
- Be allowed to bring one (1) parent or guardian to each game;
- Agree to adhere to CDC and Ohio Department of Health guidelines to help avoid the spread of COVID-19, which includes practicing social distancing, good personal hygiene, avoiding large-group settings;
- Not celebrate after points in a manner that violates CDC guidelines on social distancing as well as not congregating before or after practices or games;
- Maintain social distance (six feet or more) while on the sideline/bench area;
- Promote good hand hygiene and respiratory etiquette. Flyers and signs are available at coronavirus.ohio.gov (<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible--restart-ohio/posters-and-signs/>);

Coaches will:

- Conduct daily self-assessment of their health and report any signs of illness to the athletic director;
- Wear a facial covering at all times when practical (including, but not limited to arriving and departing the facility and during active play) unless meeting one of the guidelines for a medical waiver;

- Monitor the well-being of youth athletes, promote good hand hygiene, and respiratory etiquette;
- Enlist the help of a parent or volunteer to help monitor, ensure social distancing is being practiced during the game, if necessary;
- Participate in COVID-19 education developed for them by the Ohio Department of Health and educate their players on how to prevent the spread of COVID-19 using resources provided by the Ohio Department of Health. This training can be found at <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible-restart-ohio/sector-specific-operating-requirements/sector-specific-operating-requirements>;
- Participate in COVID-19 education developed by the Ohio Department of Health and provide leadership to their players on how to avoid the spread of COVID-19;
- Limit pre-game conference to one coach from each team, first referee and second referee. All individuals maintain 6 feet of social distance. All will wear face coverings;
- Not congregate before or after practices or games;
- Promote good hand hygiene and respiratory etiquette. Flyers and signs are available at coronavirus.ohio.gov (<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible--restart-ohio/posters-and-signs/>);
- Review protocols for cardiopulmonary resuscitation (CPR) and the use of automated external defibrillators (AEDs)

Officials will:

- Self-assess their symptoms daily and remain at home if they are exhibiting any signs of illness;
- Come to the game dressed to perform and leave belongings in designated chairs. There will be no access to locker rooms;
- Will wear facial coverings when not officiating on the court of play;
- Promote good hand hygiene and respiratory etiquette. Flyers and signs are available at coronavirus.ohio.gov (<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible--restart-ohio/posters-and-signs/>);
- Not congregate before or after games

Spectators will:

- Conduct daily self-assessments of their health and stay home if they are experiencing any signs of illness;
- Utilize hand sanitizing stations as needed (i.e. upon entry) and observe all social distance and health protocol signage on the ground/doors/throughout the facility;

- Practice social distancing (six feet) and not sit near other families. Families from the same household may sit together;
- Not congregate before, after, or during a competition, including entering or exiting the venue;
- Wear a facial covering over the nose, mouth, and chin at all times except for any of the allowable expectations stated in the Director's Order for Facial Coverings through the State of Ohio;
- Not sit in rows that are taped off;

Practices/Games/Tournaments:

- Six-foot social distance must be maintained between individuals except when necessary on the field or court of play;
- Players, coaches and officials are not physically contact each other before or after practice, pregame and competitive play (i.e. greetings, team huddles, high-fives, congregating, etc.);
- Limit time spent on activities where players are in close proximity for extended periods of time (e.g., rebounding drills in basketball);
- Facilities, teams, and clubs must ensure that facilities have adequate space for social distancing for players, coaches, athletic trainers, officials, parents/guardians and spectators off the field of court of play;
- No congregating before or after practices or games is permitted;
- Prior to competitive tournaments, tournament organizers must notify the local health department;
- Equipment and personal items must have proper separation and must not be shared. If equipment must be shared, proper sanitation must be performed between users;
- Do not share towels, facial coverings, water bottles, drinks or food;

Facilities/Venues:

- Designate 6-foot distances with signage, tape, or by other means for people in lines and elsewhere;
- Increase frequency of cleaning and sanitizing per CDC Environmental Cleaning and Disinfection guidance on high contact areas/hard surfaces, including snack counters, door handles/hinges, etc. <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>;
- Develop a spectator pathway that allows for physical distancing as spectators move from parking, through ticket counters; entrances or security screening to their seats;
- Promote good hand hygiene and respiratory etiquette. Flyers and signs are available at coronavirus.ohio.gov

[\(https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible--restart-ohio/posters-and-signs/\)](https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible--restart-ohio/posters-and-signs/));

- Seating must be assigned, in staggered rows and sections, in groups of no more than four people, unless members of the same household. Groups must be separated by at least 6 feet in each direction;
- Indoor spectators are limited to lesser of 15% of fixed seating capacity or 300 total;
- Time must be allotted between practices, games and event sessions to allow teams and spectators to exit facilities prior to new teams and spectators arriving and for proper sanitizing for shared spaces and high-touch surfaces (benches, equipment, chairs);
- Organizers of sports tournaments must follow applicable guidance for venues (including grandstands) in which the tournament is held;
- Make hand sanitizer available at convenient locations;
- Train, implement, and enforce hygiene and handwashing with staff;
- Locker rooms, restrooms, weight training rooms, and athletic training rooms must be cleaned and sanitized between each use. Use must be staggered. Individuals must maintain social distancing as much as possible while in these rooms. Face coverings must be worn at all times while in these rooms;
- If playing inside, ensure ventilation systems or fans operate properly. Increase circulation of outdoor air as much as possible, such as opening windows and doors unless doing so poses a safety or health risk;
- Venues must follow all other requirements included in the Director's Order that Provides Guidance for Youth, Collegiate, Amateur, and Professional Sports and the Responsible RestartOhio Guidelines for Outdoor and Indoor Entertainment Venues;
- Food concessions operations must adhere to Ohio's guidance for Restaurants, Bars, Banquets and Catering Facilities/Services available at coronavirus.ohio.gov
- Designate a compliance officer responsible for compliance of public health requirements;
- Establish one-way entries, exits, and aisles; require spectators to enter and exit gates or doors closest to assigned seats. Establish a plan to allow for social distancing when spectators leave, including during inclement weather for outdoor venues;
- Monitor elevators and escalators to ensure compliance with social distance standards;
- Establish one-way entry and exit in restrooms when applicable;
- Communicate with spectators before each event the importance of staying home if sick, the face covering requirement, and the need to maintain physical separation; install signage or hygiene, physical separation, and face covering;

- Communicate reminders of physical separation, face coverings, hygiene, and health symptoms through public announcements during the event;

Suspected/confirmed cases

- Youth athletes, coaches, officials, game day staff and spectators must stay home if they feel sick, have any COVID-19 symptoms, have contact with anyone with COVID-19 or have tested positive for COVID-19;
- Youth athletes, coaches, officials, game day staff and spectators who have come in close contact with an individual who tested positive for COVID-19 (within 6 feet for at least 15 minutes) must self-quarantine for 14 days following exposure;
- Any youth athlete, coach, official, game day staff, or spectator who becomes ill or develops symptoms will be isolated and asked to seek medical care.
- Jackson Youth Basketball Association Board Member will contact the local health department regarding the suspected individual;
- Youth athletes, parents, coaches, and Jackson Youth Basketball Association board members will work with local health boards to identify individuals potentially exposed to facilitate contact tracing;
- If affected individuals participated in competitive play, the school and/or Jackson Youth Basketball Association board members must notify all opponents played between the date of a positive test (date when test was taken) and two (2) days prior to the onset of symptoms, plus ensure all local health boards are notified;
- Individuals who test positive for COVID-19, whether symptomatic or asymptomatic, shall not return to sports activities until a documented medical exam is performed clearing the individual prior to the individual returning to participation in practice or contests. The documented medical exam must specifically include an assessment of the cardiac/heart risk of high-intensity exercise due to the potential of myocarditis occurring in COVID-19 patients.

General notes:

- Players and coaches will not come into contact with officials, nor with each other (congregating, high-fives, etc.);
- Shared equipment will be cleaned as necessary during the contest and all high-touch surfaces will be cleaned during the contest;
- Officials' table will be limited to essential personnel, which includes the home team scorer, libero tracker and timer with a distance of 3 to 6 feet between individuals.
- Maintain social distance between 3-6 feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line;
- Any shared equipment will be properly sanitized by designated personnel;

- There will be no sharing of water bottles. Players/teams/coaches are responsible for bringing their own water bottles;
- There will be no sharing of facial coverings or towels;
- Players, coaches, spectators, and officials are encouraged to use the hand sanitizer stations throughout the building;
- Seating for youth games will be limited and subject to the rules and interpretations of the Jackson Youth Basketball Association and Jackson Local Schools Administration;
- These plans are subject to change;
- This operational guide will be posted at RestartJackson.com. Questions can be directed via email to RestartJackson@jackson.sparcc.org.

Parent/Player/Coach/Official Printed Name

Parent/Player/Coach/Official Signature